



Annex: Fruits and Vegetables

EXPERIENTIAL ACTIVITY

INSTRUCTIONS

- Cut out the icons of various fruits and vegetables, as well as the blank squares, so that participants can draw fruits and vegetables that may not be represented here.
- You may need to make multiple copies of these pages to have enough images for each classroom participant.
- Disseminate icons and blank squares to participants, along with crayons or colored pencils.
- Give participants time to draw additional fruits and vegetables or color in their icons.
- Have participants hold up the icons as you ask them questions and engage in a thoughtful discussion about including more fruit and vegetables in daily meals.





Fruits and Vegetables

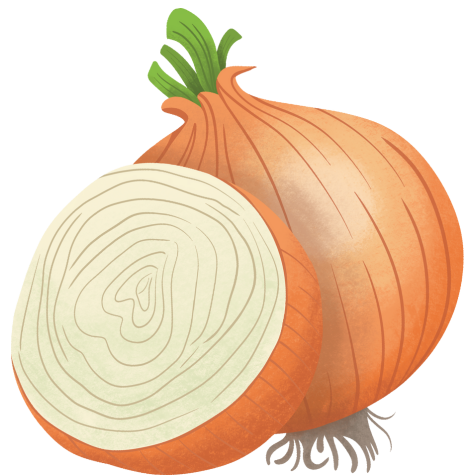
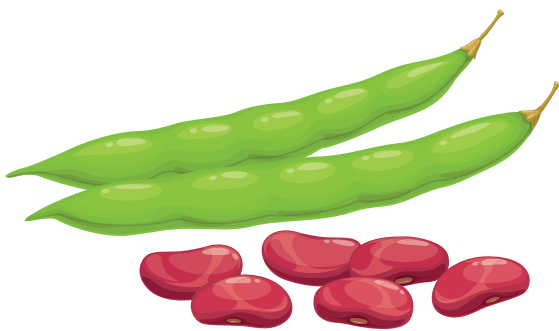
EXPERIENTIAL ACTIVITY





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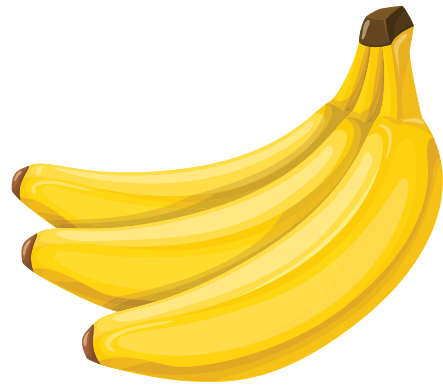
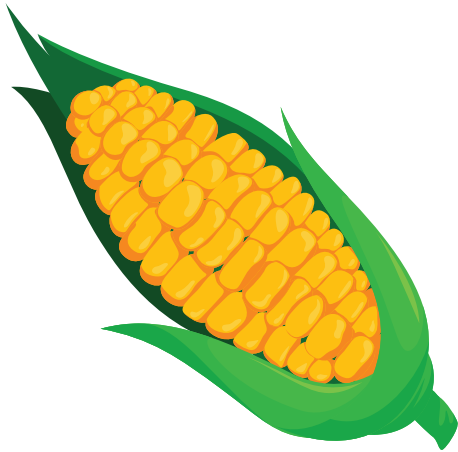
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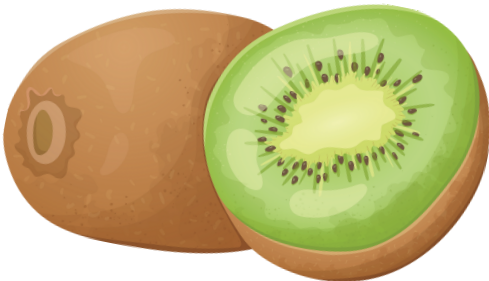
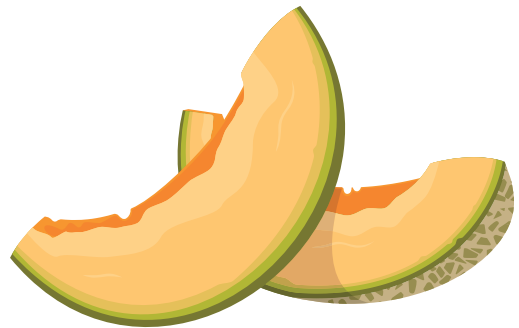
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